

List of Feelings

| | | | |
|--------------|-------------|------------|-------------|
| Abandoned | Distressed | Isolated | Rejected |
| Affectionate | Disturbed | | Relaxed |
| Afraid | Dominated | Jealous | Relieved |
| Alone | Divided | Jilted | Reluctant |
| Ambivalent | Doubtful | Joyous | Remorse |
| Angry | | Jumpy | Resigned |
| Annoyed | Eager | | Resistant |
| Anxious | Ecstatic | Kind | Responsive |
| Apathetic | Embarrassed | | Restless |
| Appalled | Empathetic | Lazy | Ridiculous |
| Ashamed | Empty | Left Out | |
| Assertive | Enraged | Lonely | Sad |
| Astounded | Envious | Longing | Satisfied |
| Awed | Excited | Lost | Scared |
| | Exhausted | Love | Serious |
| Bad | Exploited | Loving | Shocked |
| Betrayed | | Lovable | Shame |
| Bitter | Fascinated | Low | Shy |
| Bold | Fear | | Silly |
| Bored | Flustered | Mad | Skeptical |
| Brave | Foolish | Mean | Sneaky |
| Burdened | Fortunate | Melancholy | Solemn |
| | Frantic | Miserable | Sorrowful |
| Calm | Frustrated | | Spiteful |
| Challenged | Frightened | Naughty | Stingy |
| Cheated | Furious | Nervous | Strange |
| Cheerful | | Nice | Stunned |
| Clever | Glad | Numb | Surprised |
| Competitive | Good | | Sympathetic |
| Concerned | Gratitude | Obnoxious | |
| Condemned | Grief | Obsessed | Tempted |
| Confident | Guilty | Odd | Tense |
| Confused | | Open | Terrible |
| Conspicuous | Happy | Outraged | Terrified |
| Contempt | Harassed | Overjoyed | Threatened |
| Contented | Hate | | Trapped |
| Cruel | Hatred | Pain | Troubled |
| Crushed | Helpful | Panic | |
| Curious | Helpless | Passive | Uneasy |
| | Homesick | Peaceful | Unfortunate |
| Defeated | Hopeful | Persecuted | Unwilling |
| Defensive | Horrible | Petrified | |
| Delighted | Hurt | Pity | Vulnerable |
| Depressed | Hysterical | Pleasant | |
| Deserted | | Pleased | Weak |
| Desolate | Ignored | Powerful | Willing |
| Despair | Impressed | Powerless | Willful |
| Detest | Indignant | Pressured | Wonder |
| Devastated | Infatuated | Proud | Worry |
| Different | Inspired | Puzzled | Worried |
| Disappointed | Insulted | | |
| Disgusted | Intimidated | Reassured | |
| Distracted | Irritated | Refreshed | |